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## Multiple mycotoxin co-occurrence in maize grown in three agro-ecological zones of Tanzania





Analice Kamala <sup>a, b, 1</sup>, Johana Ortiz <sup>a, c, \*, 1</sup>, Martin Kimanya <sup>d</sup>, Geert Haesaert <sup>e</sup>, Silvana Donoso <sup>c</sup>, Bendantuguka Tiisekwa <sup>f</sup>, Bruno De Meulenaer <sup>a</sup>

<sup>a</sup> nutriFOODchem Unit, Department of Food Safety and Food Quality, partner in Food2Know, Faculty of Bioscience Engineering, Ghent University,

Coupure Links 653, 9000 Ghent, Belgium

<sup>b</sup> Tanzania Food and Drugs Authority, P. O. Box 77150, Dar es Salaam, Tanzania

<sup>c</sup> Faculty of Chemical Sciences, Cuenca University, Av. 12 de Abril s/n Cdla. Universitaria, 010201 Cuenca, Ecuador

<sup>d</sup> School of Life Sciences and Bio-Engineering, The Nelson Mandela African Institute of Science and Technology (NM-AIST), P. O. Box 447, Arusha, Tanzania

e Department of Applied Biosciences, Faculty of Bioscience Engineering, Ghent University, ValentinVaerwyckweg 1, BE-9000 Ghent, Belgium

<sup>f</sup> Faculty of Agriculture, Sokoine University of Agriculture, P.O. Box 3005, Morogoro, Tanzania

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#### ABSTRACT

In this study, the co-occurrence of multiple mycotoxins in maize kernels collected from 300 households' stores in three agro-ecological zones in Tanzania was evaluated by using ultra high performance liquid chromatography/time-of-flight mass spectrometry (TOFMS) with a QuEChERS-based procedure as sample treatment. This method was validated for the analysis of the main eleven mycotoxins of health concern that can occur in maize: aflatoxin B<sub>1</sub> (AFB<sub>1</sub>), aflatoxin B<sub>2</sub> (AFB<sub>2</sub>), aflatoxin G<sub>1</sub> (AFG<sub>1</sub>), aflatoxin G<sub>2</sub> (AFG<sub>2</sub>), ochratoxin A (OTA), deoxynivalenol (DON), fumonisin B<sub>1</sub> (FB<sub>1</sub>), fumonisin B<sub>2</sub> (FB<sub>2</sub>), HT-2 toxin, T-2 toxin and zearalenone (ZEN). From each zone one major maize producing district for home consumption was chosen and 20 villages for each district were randomly selected for sampling. All mycotoxins of health concern, except for T-2 toxin, were detected in the maize samples. Particularly high levels of AFB1 (50%; 3–1,081 μg kg<sup>-1</sup>), FB<sub>1</sub> (73%; 16–18,184 μg kg<sup>-1</sup>), FB<sub>2</sub> (48%; 178–38,217 μg kg<sup>-1</sup>) and DON (63%; 68  $-2,196 \ \mu g \ kg^{-1}$ ) were observed. Some samples exceeded the maximum limits set in Tanzania for aflatoxins or in European regulations for other mycotoxins in unprocessed maize. Eighty seven percent of samples were contaminated with more than one mycotoxin, with 45% of samples co-contaminated by carcinogenic mycotoxins, aflatoxins and fumonisins. Significant differences in contamination pattern were observed among the three agro-ecological zones. The high incidence and at high levels (for some) of these mycotoxins in maize may have serious implications on the health of the consumers since maize constitute the staple food of most Tanzanian population. Effective strategies targeting more than one mycotoxin are encouraged to reduce contamination of maize with mycotoxins.

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#### 1. Introduction

## \* Corresponding author. Faculty of Chemical Sciences, Cuenca University. Av. 12 de Abril s/n Cdla. Universitaria, 010201 Cuenca, Ecuador. Tel.: +593 7 4051000x4124; fax: +593 7 4096526.

E-mail address: johana.ortiz@ucuenca.edu.ec (J. Ortiz).

<sup>1</sup> These authors contributed equally to this manuscript.

http://dx.doi.org/10.1016/j.foodcont.2015.02.002 0956-7135/© 2015 Elsevier Ltd. All rights reserved. Mycotoxins are secondary fungi metabolites that can elicit adverse effects on other organisms (Capriotti et al., 2012). Several mycotoxins are likely to co-occur in foodstuffs under favorable conditions (temperature between 25 and 30 °C and water activity between 0.80 and 0.99) (Bhat, Rai, & Karim, 2010) and emerging evidence suggests that mycotoxins may have synergistic and additive toxicological effects in humans or animals (Berthiller et al., 2013; Capriotti et al., 2012). Therefore identification and quantification of multiple mycotoxins is a desire of most food safety control and assurance systems. The evaluation using LC-MS techniques have become essential analytical tools for routine simultaneous analysis of several mycotoxins allowing unambiguous identification and accurate quantification (Senyuva, Gilbert, & Ozturkoglu, 2008; Tanaka, Takino, Sugita-Konishi, & Tanaka, 2006; Zachariasova et al., 2010).

Maize represents the main dietary staple food of the majority of Tanzanians and it is used as main ingredient for complementary foods. Unfortunately, this crop is vulnerable to diverse opportunistic fungi and therefore, maize is potentially vulnerable to mycotoxin contamination (Doko, Rapior, Visconti, & Schjoth, 1995; Yoshizawa, Yamashita, & Chokethaworn, 1996). In Tanzania, the natural occurrence and co-occurrence has been previously described for limited number of mycotoxins, such as fumonisins and zearalenone (Doko et al., 1996), aflatoxins and fumonisins (Kimanya et al., 2008), aflatoxins, deoxynivalenol and fumonisins (Kimanya et al., 2014) by using methods for only single or small group of similar mycotoxins.

The objective of this study was to evaluate the simultaneous contamination, by using a single multi-analyte UHPLC/TOFMS method, of multiple mycotoxins of health concern (AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub>, AFG<sub>2</sub>, OTA, DON, FB<sub>1</sub>, FB<sub>2</sub>, ZEN, HT-2 and T-2 toxin) potentially present in maize from rural Tanzania. This present work is probably the first comprehensive report on the occurrence of multiple mycotoxins of health concern in Tanzanian maize intended for human consumption.

#### 2. Materials and methods

#### 2.1. Chemicals and reagents

LC-MS grade water, acetonitrile (MeCN), methanol, acetic acid, ammonium acetate; sodium hydroxide and isopropanol were purchased from Fluka (Steinheim, Germany). Analytical grade sodium chloride and anhydrous magnesium sulfate were purchased from Merck KGaA (Darmstadt, Germany). Solid pure standards of AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub>, AFG<sub>2</sub>, OTA, DON, FB<sub>1</sub>, FB<sub>2</sub>, ZEN, and HT-2 and T-2 toxins were purchased from Sigma–Aldrich (St. Louis, MO, USA). The standards of FB<sub>1</sub> and FB<sub>2</sub> were reconstituted with a mixture of MeCN/water 1:1 v/v, while pure acetonitrile was used for the other standards. Aliquots of standard solutions were dried under a gentle stream of nitrogen and stored at 4 °C, except ZEN, OTA, HT-2 and T-2 that were stored at –20 °C. For MS calibration, a sodium acetate solution was prepared by mixing 0.1% acetic acid and 1% 1 M NaOH in water/isopropanol mixture (1:1).

Individual stock solutions of 1  $\mu$ g mL<sup>-1</sup> were prepared reconstituting the dried standards solutions with methanol and a mixture of methanol/water (1:1, v/v) containing 5 mM of ammonium acetate with a pH 8.4 was used for following dilutions. A multi-standard stock solution was freshly prepared by mixing individual standards solutions at different concentration levels considering the maximum permitted limits in unprocessed maize set by the European Commission (EC) N° 1881/2006 and N° 165/2013 (European-Commission, 2013, 2014).

#### 2.2. Sampling

Maize kernels intended for human consumption were sampled according to (Kimanya et al., 2008) from 300 households of three agro-ecological zones (Hanang' district in the Northern highlands area; Kilosa district in the Eastern lowland area and Rungwe district in South-Western highlands area) representing the major maize growing areas in Tanzania. In each zone, 20 villages were randomly selected and, for each village five samples were collected from different households. The five samples were mixed to obtain a composite sample of at least 1 kg for each village. In total 60 samples were collected for laboratory analysis. The samples were packaged in paper bags, sealed and then transported to the Tanzania Food and Drugs Authority laboratory in Dar es Salaam. The samples were shipped to Belgium and maize kernels were finally ground before analysis.

#### 2.3. Sample treatment

Mycotoxins were extracted using an extraction procedure defined as quick, easy, cheap, effective, rugged and safe (QuEChERS) (Anastassiades, Lehotay, Stajnbaher, & Schenck, 2003) which was originally developed for analysis of pesticide residues and is also being utilized widely to extract diverse compounds like mycotoxins from cereals or cereal-based food, allowing high sample throughput (Cunha & Fernandes, 2010; Desmarchelier et al., 2010; Rasmussen, Storm, Rasmussen, Smedsgaard, & Nielsen, 2010; Rubert et al., 2013; Vaclavik, Zachariasova, Hrbek, & Hajslova, 2010; Zachariasova et al., 2010).

A total amount of  $1 \pm 0.05$  g of ground and well homogenized sample was weighted into a 50 mL conic tube and 2 mL of water acidified with acetic acid 0.1% (v/v) were added and mixed with a vortex for 30 s. The complete extraction was achieved with the addition of 2 mL of MeCN acidified with acetic acid 0.1% (v/v). The suspension was mixed for 1 min with a vortex and then was thoroughly mixed using a rotary shaker (Labinco, Breda, The Netherlands) for 2 min. Phase partitioning was achieved with the addition of  $0.4 \pm 0.01$  g of NaCl and  $1.6 \pm 0.01$  g of anhydrous MgSO<sub>4</sub> followed by vigorously shaking by hand after each addition. Finally the mixture was centrifuged for 5 min at 4053 g (Sigma 4k15. Buckingham, England). An aliquot of 0.75 mL of the supernatant organic layer was dried under a gentle stream of nitrogen. The dried extract was reconstituted with 0.75 mL of mobile phase A. After mixing with a vortex and with sonication for 5 min, the extract was filtered (0.2  $\mu$ m filter) and a volume of 20  $\mu$ L was used for analysis. Samples were further diluted as necessary if their concentration did not fit into the appropriate calibration range for a given analyte.

#### 2.4. Instrumental parameters

UHPLC/TOFMS conditions were slightly modified from (Ortiz, Van Camp, Mestdagh, Donoso, & De Meulenaer, 2013). UHPLC separation was achieved on an UltiMate 3000 RSLC system (Dionex, The Netherlands), consisting of a vacuum degasser, binary pump, cooled autosampler and column oven (37 °C). The system was equipped with a Zorbax Eclipse XDB  $C_{18}$  column RRHD (1.8  $\mu m,$  $2.1 \times 100 \text{ mm}$ ) (Agilent Technologies, Waldbronn, Germany). Mobile phase A consisted of water/methanol/acetic acid 94:5:1 and mobile phase B of methanol/water/acetic acid 97:2:1, both containing 5 mM of ammonium acetate with pH 3.25 (mobile phase A) and pH 5.1 (mobile phase B). A binary gradient was applied with flow rate of 0.2 mL min<sup>-1</sup>: 0–0.5 min. 30% B, 0.5–13 min linear increase from 30 to 95% B, 13-13.1 min linear increase to 100% B and kept until 13.8 min, followed by re-equilibration of the column for 10 min. The UHPLC was coupled with a splitless interface to a time-of-flight mass spectrometer (micrOTOF II, Bruker Daltonics, Bremen, Germany) with a resolving power of 16,500-18,000 FWHM. It was equipped with an orthogonal electrospray ionization source (ESI) operating in positive mode, using a mass range of 50–1,000 Da for m/z acquisition.

TOFMS settings were in accordance with the procedure described previously by our laboratory (Ortiz et al., 2013), with the inclusion of an additional segment for detection of FB<sub>2</sub> at 13.1-13.8 min. The MS

settings of this segment were capillary exit voltage was 105 V, skimmer 1 voltage 35 V and hexapole RF 600. At the beginning of every run, the MS was calibrated with a sodium acetate calibrant solution.

#### 2.5. Quantification of the analytes

Matrix-matched calibration curves (MMCC) were used for quantification of the analytes in order to compensate extraction losses and matrix effects. MMCC were constructed by plotting the peak area against the corresponding concentration ( $\mu g \ kg^{-1}$ ) (Desmarchelier et al., 2010). Ground and homogenized testing matrices were spiked before extraction with the multi-standard working solutions at two concentration ranges: low and high level. For MMCC at low level spiking was done at 6 concentration levels corresponding to 0.5-, 0.75-, 1-, 1.25-, 1.5- and 2 times the individual concentration of: 125  $\mu$ g kg<sup>-1</sup> for DON; 4  $\mu$ g kg<sup>-1</sup> for AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub>; 20  $\mu$ g kg<sup>-1</sup> for HT-2 toxin, T-2 toxin, ZEN, OTA and FB<sub>1</sub>, 40  $\mu$ g kg<sup>-1</sup> for FB<sub>2</sub>. For MMCC at high level, spiking was done at 8 concentration levels corresponding to 0.125-, 0.25-, 0.5-, 1-, 2-, 4-, 6- and 8 times the individual concentration of: 500  $\mu$ g kg<sup>-1</sup> for DON; 375  $\mu$ g kg<sup>-1</sup> for aflatoxins; 250  $\mu$ g kg<sup>-1</sup> for HT-2 toxin, T-2 toxin and OTA; 312.5  $\mu$ g kg<sup>-1</sup> for ZEN, and 2,500  $\mu$ g kg<sup>-1</sup> for FB<sub>1</sub> and FB<sub>2</sub>. The spiked testing matrices were kept overnight at room temperature and protected from light to allow the equilibration of the multi-standard working solution with the matrix before extraction.

Testing matrices were composed of healthy kernels sorted from different real samples and did not contain traces of contamination (blank samples).

#### 2.6. Method validation

For validation experiments, the testing matrix was taken from the batches of real samples to decrease the matrix variability in the method performance.

Linearity was evaluated by plotting the MMCC (detailed in *Quantification of the analytes*). Similarly, apparent recoveries were determined in triplicate by constructing MMCC at 6 concentration levels (100–400 µg kg<sup>-1</sup> for DON, FB<sub>1</sub> and FB<sub>2</sub>, 2–8 µg kg<sup>-1</sup> for aflatoxins, 10–40 µg kg<sup>-1</sup> for HT-2 toxin, T-2 toxin, OTA and ZEN). Recoveries were calculated as **apparent recovery (%)** = (((area – b<sub>MMCC</sub>)/a<sub>MMCC</sub>) × 100/C<sub>spiked</sub>); where **area** is the peak area of the analyte of the MMCC, **b**<sub>MMCC</sub> is the y-intercept of the MMCC, **a**<sub>MMCC</sub> is the slope of the MMCC, and **C**<sub>spiked</sub> is the spiked concentration (µg kg<sup>-1</sup>) of the analyte to construct the MMCC (Desmarchelier et al., 2010).

Matrix effects were assessed by determining the signal suppression-enhancement (SSE), which was evaluated in duplicate at 6 concentration levels (25–100  $\mu$ g L<sup>-1</sup> for DON, FB<sub>1</sub> and FB<sub>2</sub>; 0.5–2  $\mu$ g L<sup>-1</sup> for aflatoxins, 2.5–10  $\mu$ g L<sup>-1</sup> for HT-2 toxin, T-2 toxin, OTA and ZEN). SSE's were calculated as **SSE (%)** = ((a<sub>CC.blank</sub> extracts/a<sub>CCsolvent</sub>) × 100); where **a<sub>CC.blank</sub>** extracts is the slope of the calibration curve of blank extracts spiked just before analysis, and **a<sub>CC.solvent</sub>** is the slope of the calibration curve of standard solution in pure solvent (Sulyok, Berthiller, Krska, & Schuhmacher, 2006).

Limits of detection (LOD) and limits of quantification (LOQ) were determined based on the recovery experiments, but at 8 concentration levels (25–400  $\mu$ g kg<sup>-1</sup> for DON, FB<sub>1</sub> and FB<sub>2</sub>, 0.5–8  $\mu$ g kg<sup>-1</sup> for aflatoxins, 2.5–40  $\mu$ g kg<sup>-1</sup> for HT-2 toxin, T-2 toxin, OTA and ZEN). LOD's were calculated using as **LOD** = (3s<sub>b1</sub>/a); where **s**<sub>b1</sub> is the standard deviation of the intercept and **a** is the slope of the respective MMCC. The limit of quantification was calculated as 2 × LOD (Taverniers, De Loose, & Van Bockstaele, 2004).

Intra-day precision was determined from the 3 replicates of the recovery experiments. Inter-day precision was determined in triplicate from the analysis of testing matrices spiked before extraction at 3 concentration levels (0.5-, 1- and 1.5 times the middle concentration level used for the recovery experiments) for 3 consecutive days.

#### 2.7. Data evaluation

UHPLC/TOFMS data was treated using the DataAnalysis software version 4.0 SP 2. TargetAnalysis<sup>™</sup> software (Bruker Daltonics, Bremen, Germany) was used to generate the extracted ion chromatograms (EICs) of the acquired [M+H]<sup>+</sup> and [M+Na]<sup>+</sup> ions from the total ion chromatograms (TICs). Identification and distinction between true- and false-positive results was based on retention time deviation (retention time window of 0.25 min), mass accuracy (extraction mass window of 15 mDa, mass accuracy of 5 ppm and m/z tolerance of 5 ppm) and SigmaFit<sup>™</sup> algorithm (mSigma of 50) (Ortiz et al., 2013). The contamination of the samples was presented as contamination rate together with the standard deviation of a sample proportion (SD<sub>p</sub>) which was calculated according to (Uyttendaele et al., 2009). Pooled intra- and inter-day precision were calculated using the analysis of variance approach and expressed as relative standard deviations (% RSD). Comparison tests (ANOVA) and two-sided t-tests were performed in Stata 10.0 (Stata Corporation, College Station, Texas, USA).

#### 3. Results & discussion

#### 3.1. Optimization of sample treatment

To fulfill the purpose of multimycotoxin analysis, the conditions of the sample treatment were optimized to ensure an efficient extraction of all target analytes. For this, a comparison between an aqueous MeCN extraction followed by partition (QuEChERS-based approach) (Yogendrarajah, Van Poucke, De Meulenaer, & De Saeger, 2013; Zachariasova et al., 2010) versus solid-liquid extraction was performed. The QuEChERS-based approaches included soaking of the sample prior extraction which allows a better extraction with the organic solvent (Cunha & Fernandes, 2010; Yogendrarajah et al., 2013), and the acidification of the solvents that facilitates the extraction of more polar mycotoxins (e.g. fumonisins) (Desmarchelier et al., 2010; Koesukwiwat, Sanguankaew, & Leepipatpiboon, 2014; Rasmussen et al., 2010; Zachariasova et al., 2010). Three treatments were tested: i) QuEChERS-based approach using water acidified at 0.1% followed by MeCN acidified at 0.1%; ii) QuEChERS-based approach using water followed by MeCN acidified at 0.5%, and iii) solid-liquid extraction using the solvent mixture MeCN/water/acetic acid, 79:20:1 (v/v/v) (Sulvok et al., 2006). The extracts from all treatments were dried under a gentle stream of nitrogen and reconstituted using mobile phase A. This step reduced considerably the TICs background from coeluting substances. No significant differences were found amongst the three treatments in terms of apparent recovery (P = 0.716). However, lower (slope) sensitivity was obtained using solid-liquid extraction in comparison with the QuEChERS approach acidified at 0.1% (P = 0.039) and at 0.5% (P = 0.010). Moreover, no significant differences between the tested QuEChERS approaches, i.e. acidified at 0.1% and 0.5% in apparent recoveries (P = 0.488) and sensitivity (P = 0.316) were observed. Since the fact that acidification of the sample prior extractions could improve the recoveries of polar analytes has been previously suggested (Lacina et al., 2012), the QuEChERS-based approach using water and MeCN, both acidified at 0.1% with acetic acid was chosen as final sample treatment. In addition, a step-by-step addition of the salts followed by vigorous mixing was adopted since a more efficient recovery of the target analytes due to increase of the polarity of the extraction solvents during the partitioning process has been described (Zachariasova et al., 2010).

#### 3.2. UHPLC/TOFMS optimization

The chromatographic separation of the analytes was established within 13.4 min (Fig. 1). This relative long run allowed managing the different MS settings in each of the time segments, which was particularly important for fumonisins. All mycotoxins were best detected in positive mode. Although the addition of 5 mM ammonium acetate to the eluents should suppress the formation of stable sodium adducts (Sulyok et al., 2006), stable alkali ions could be formed due to the presence of traces of alkali ions coming from the sample preparation. In this study, the ions with the highest intensities detected were  $[M+Na]^+$  ions for DON, AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub>;  $[M+H]^+$  for FB<sub>1</sub>, OTA, ZEN and FB<sub>2</sub>, and  $[M+NH_4]^+$  for HT-2 and T-2 toxins. The less abundant ions were also detected and used as qualifiers (Table 1).

#### 3.3. Method performance

Method performance characteristics are presented in Tables 2–4. Good linearity was obtained when analyzing the multi-standard

working solutions in pure solvent ( $R^2 > 0.99$ ) and the MMCC ( $R^2 > 0.98$ ). For most mycotoxins, the proposed method yielded to apparent recoveries (Table 2) in agreement with the regulation 2002/657/EC (70–120%) (European-Commission, 2002). This was not the case for OTA at the lowest spiking level. Remarkably, at the lowest and mid-spiking level, ZEN and FB<sub>2</sub> were not detected.

This pitfall might be caused by the fast shifting of MS settings needed for the specific segment of FB<sub>2</sub> detection at the end of the run. The broad capabilities of extraction of the QuEChERS-based procedure lead as well to the presence of undesired matrix components that cause signal suppression, affecting other performance characteristics like repeatability, detection capability and sensitivity to distinguish false negative results (Antignac et al., 2005; Cunha & Fernandes, 2010; Desmarchelier et al., 2010). The signal suppression or enhancement was dependent on the mycotoxin type (Table 3). Polar mycotoxins (such as fumonisins and OTA) were slightly suppressed, which might be related to their acidic nature. No any suppression pattern was observed for aflatoxins, and AFB<sub>1</sub> was one of the strongest suppressed of the studied mycotoxins. DON was also strongly suppressed and this might be related to the early elution of this mycotoxin (Antignac et al., 2005). On the other hand, enhancement of the signal of HT-2 was observed. In this study, suitable matrix-matched calibration curves were constructed and used for quantification, and to compensate extraction losses and matrix effects (Desmarchelier



Fig. 1. UHPLC/TOFMS chromatogram for maize kernel spiked at 400 µg kg<sup>-1</sup> for DON and FB<sub>2</sub>; 8 µg kg<sup>-1</sup> for AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub>; and 40 µg kg<sup>-1</sup> for OTA, FB<sub>1</sub>, ZEN, and HT-2 and T-2 toxins.

#### Table 1

Overview of detected ions, molecular formula, theoretical mass/charge ratio (m/z), retention times (RT) and SigmaFit <sup>TM</sup> values (mSigma) for the most abundant ion of ea	ach
mycotoxin.	

Mycotoxin	Ion [M+H] <sup>+</sup> /exact m/z	Ion [M+Na] <sup>+</sup> /exact m/z	Ion [M+NH <sub>4</sub> ] <sup>+</sup> /exact m/z	RT (min)	mSigma
DON	C <sub>15</sub> H <sub>20</sub> O <sub>6</sub> /297.133265	C <sub>15</sub> H <sub>19</sub> O <sub>6</sub> Na <sup>a</sup> /319.115209		2.1	13
AFG <sub>2</sub>	C17H14O7/331.081229	C <sub>17</sub> H <sub>13</sub> O <sub>7</sub> Na <sup>a</sup> /353.063174		6.4	8
AFG <sub>1</sub>	C17H12O7/329.065579	C <sub>17</sub> H <sub>11</sub> O <sub>7</sub> Na <sup>a</sup> /351.047524		7.1	8
AFB <sub>2</sub>	C17H14O6/315.086315	C <sub>17</sub> H <sub>13</sub> O <sub>6</sub> Na <sup>a</sup> /337.068259		7.9	8
AFB <sub>1</sub>	C <sub>17</sub> H <sub>12</sub> O <sub>6</sub> /313.070665	C <sub>17</sub> H <sub>11</sub> O <sub>6</sub> Na <sup>a</sup> /335.052609		8.5	6
HT-2	C22H32O8/425.216994		C <sub>22</sub> H <sub>35</sub> O <sub>8</sub> N <sup>a</sup> /442.243544	10.8	11
FB <sub>1</sub>	C <sub>34</sub> H <sub>59</sub> NO <sub>15</sub> <sup>a</sup> /722.395747	C <sub>34</sub> H <sub>58</sub> NO <sub>15</sub> Na/744.377691		11.4	8
T-2	C <sub>24</sub> H <sub>34</sub> O <sub>9</sub> /467.227559		C <sub>24</sub> H <sub>37</sub> O <sub>9</sub> N <sup>a</sup> /484.254108	12.0	9
OTA	C <sub>20</sub> H <sub>18</sub> NO <sub>6</sub> Cl <sup>a</sup> /404.089541	C <sub>20</sub> H <sub>17</sub> NO <sub>6</sub> ClNa/426.071486		12.6	12
ZEN	C <sub>18</sub> H <sub>22</sub> O <sub>5</sub> <sup>a</sup> /319.154000	C <sub>18</sub> H <sub>21</sub> O <sub>5</sub> Na/341.135945		12.8	9
FB <sub>2</sub>	$C_{34}H_{59}NO_{14}^{a}/706.406900$	C34H58NO14Na/728.382777		13.3	8

Notes: DON, deoxynivalenol; AFG<sub>2</sub>, aflatoxin G<sub>2</sub>; AFG<sub>1</sub>, aflatoxin G<sub>1</sub>; AFB<sub>1</sub>, aflatoxin B<sub>1</sub>; AFB<sub>2</sub>, aflatoxin B<sub>2</sub>; HT-2, HT-2 toxin; FB<sub>1</sub>, fumonisin B<sub>1</sub>; T-2, T-2 toxin; OTA, ochratoxin A; ZEN, zearalenone; FB<sub>2</sub>, fumonisin B<sub>2</sub>.

<sup>a</sup> Most abundant ions.

et al., 2010; Sulyok, Krska, & Schuhmacher, 2007). For most mycotoxins, good intra- and inter-day precision values were achieved (Table 3) considering the maximum percentage of relative standard deviation (% RSD) set in the regulation 2002/657/EC (<20%). This was not the case for AFB<sub>1</sub>, ZEN and FB<sub>2</sub>. In particular, AFB<sub>1</sub> and ZEN were also strongly affected by matrix effects.

The obtained LOD's and LOQ's are presented in Table 4. With the exception of OTA, the proposed method allowed the quantification of the major mycotoxins of health concern in agreement with the maximum permitted levels of mycotoxins in unprocessed maize outlined in the European regulations (European-Commission, 2013, 2014) and Tanzania Bureau of Standards (TBS, 2004). Those results are comparable to those obtained in other studies in maize that employ QuEChERS-like extraction combined with LC-MS/MS for the multimycotoxin analysis (Desmarchelier et al., 2010; Rasmussen et al., 2010) or UHPLC/TOFMS for the analysis of Fusarium toxins (Zachariasova et al., 2010).

#### 3.4. Mycotoxin co-occurrence in maize

The developed method was applied for the analysis of 60 samples from three agro-ecological zones representing the major maize growing areas in Tanzania. The results reveal that maize grown and consumed in Tanzania is contaminated with multiple mycotoxins at important levels (Table 5). The most frequently occurring mycotoxins were FB<sub>1</sub> (73%), FB<sub>2</sub> (48%), DON (63%) and AFB<sub>1</sub> (50%).

Co-occurrence of  $FB_1$  and  $FB_2$  was found in 43% of all samples. In general, 15% of contaminated samples with fumonisins exceeded the maximum limit set by European regulations (EC/1881/2006). The observed occurrence and levels of contamination with fumonisins were higher than reported in the previous investigations

(Kimanya et al., 2008, 2009, 2014). This could be related to geographic and seasonal variations, as well as the low detection limit of the method set in this study for FB<sub>1</sub>. Remarkably, in some samples the levels of FB<sub>2</sub> were higher than FB<sub>1</sub> as previously observed in maize hybrids in Argentina (Ramirez et al., 1996). Furthermore, the occurrence of FB<sub>2</sub> alone in some samples was also observed. This unusual finding has also been described in Argentina for some strains of *Fusarium proliferatum* (Sydenham et al., 1993). Studies on factors that influence accumulation of higher levels of FB<sub>2</sub> than FB<sub>1</sub> in maize from Tanzania are needed.

On the other hand, DON occurred in 63% of the samples and 5% was above the maximum limit set by European regulations (EC/ 1881/2006). The incidence and levels of DON contamination found in this study were higher than previous reported in Tanzania (Kimanya et al., 2014) and other African countries (Abia et al., 2013; Adejumo, Hettwer, & Karlovsky, 2007). The difference could be due to nature of the samples. While samples tested in this study were maize kernels intended for human consumption subject for further processing, the samples analyzed in previous studies were commercially processed ready-to-use maize flour.

In general, 50% of all samples were contaminated with at least one of the studied aflatoxins. Co-occurrence of AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub> was observed in only one of the samples. In Tanzania, the maximum limits for AFB<sub>1</sub> and aflatoxins (total) are the same as European regulations, i.e. 5 and 10  $\mu$ g kg<sup>-1</sup> respectively (TBS, 2004). Contamination levels above those maximum limits were observed in 28% for AFB<sub>1</sub> and 8% for the total amount of aflatoxins. The study verifies a previous report that Tanzanian maize is contaminated with unacceptable levels of aflatoxins (Kimanya et al., 2008). Such high incidence and levels have been also reported in other regions of Africa (Mwihia et al., 2008).

Table 2

Apparent recovery values (%) ± standard deviations determined based on matrix-matched calibration curves in maize kernels spiked at 6 concentration levels.

Spiking level <sup>a</sup>	Apparent recovery (%)										
	DON	AFG <sub>2</sub>	AFG <sub>1</sub>	AFB <sub>2</sub>	AFB <sub>1</sub>	HT <sub>2</sub>	FB <sub>1</sub>	T-2	OTA	ZEN	FB <sub>2</sub>
0.5	$77 \pm 20$	90 ± 21	108 ± 18	$108 \pm 14$	$95 \pm 4$	98 ± 3	116 ± 17	99 ± 15	127 ± 18	n.d.	n.d.
0.75	$110 \pm 21$	$103 \pm 6$	98 ± 7	$99 \pm 5$	$106 \pm 6$	$92 \pm 12$	$107 \pm 14$	$104 \pm 6$	91 ± 12	$105 \pm 3$	$104 \pm 10$
1	$112 \pm 3$	$96 \pm 12$	$89 \pm 11$	$94 \pm 11$	93 ± 7	$103 \pm 5$	$98 \pm 4$	98 ± 13	$100 \pm 17$	95 ± 3	97 ± 9
1.25	98 ± 2	$103 \pm 13$	$105 \pm 3$	$92 \pm 17$	$103 \pm 15$	$109 \pm 6$	$89 \pm 7$	97 ± 10	$98 \pm 9$	n.d.	n.d.
1.5	$102 \pm 3$	$111 \pm 4$	$108 \pm 7$	$114 \pm 2$	$101 \pm 1$	$104 \pm 2$	$95 \pm 6$	$102 \pm 3$	$92 \pm 13$	n.d.	$100 \pm 4$
2	$98 \pm 1$	$96 \pm 4$	98 ± 1	99 ± 3	$99 \pm 4$	$95 \pm 4$	$106 \pm 1$	$100 \pm 3$	$105 \pm 7$	$100\pm0.3$	$100 \pm 1$

Notes: DON, deoxynivalenol; AFG<sub>2</sub>, aflatoxin G<sub>2</sub>; AFG<sub>1</sub>, aflatoxin G<sub>1</sub>; AFB<sub>1</sub>, aflatoxin B<sub>1</sub>; AFB<sub>2</sub>, aflatoxin B<sub>2</sub>; HT-2, HT-2 toxin; FB<sub>1</sub>, fumonisin B<sub>1</sub>; T-2, T-2 toxin; OTA, ochratoxin A; ZEN, zearalenone; FB<sub>2</sub>, fumonisin B<sub>2</sub>.

n.d. = Signal not detected.

<sup>a</sup> Fold-times the individual concentration of 200  $\mu$ g kg<sup>-1</sup> for DON, FB<sub>1</sub> and FB<sub>2</sub> 4  $\mu$ g kg<sup>-1</sup> for AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub>; and 20  $\mu$ g kg<sup>-1</sup> for OTA, HT-2 toxin, T-2 toxin and ZEN.

 Table 3

 Signal suppression/enhancement (SSE) expressed as percentage (%), intra-day precision and inter-day precision expressed as relative standard deviation (% RSD).

	SSE (%)	Intra-day (% RSD)	Inter-day (% RSD)
DON	20	10	9
AFG <sub>2</sub>	65	8	8
AFG <sub>1</sub>	75	7	7
AFB <sub>2</sub>	87	8	9
AFB <sub>1</sub>	28	30	16
HT-2	116	12	25
FB <sub>1</sub>	89	13	3
T-2	80	8	6
OTA	80	23	12
ZEN	56	36	31
FB <sub>2</sub>	83	31	18

Notes: DON, deoxynivalenol; AFG<sub>2</sub>, aflatoxin G<sub>2</sub>; AFG<sub>1</sub>, aflatoxin G<sub>1</sub>; AFB<sub>1</sub>, aflatoxin B<sub>1</sub>; AFB<sub>2</sub>, aflatoxin B<sub>2</sub>; HT-2, HT-2 toxin; FB<sub>1</sub>, fumonisin B<sub>1</sub>; T-2, T-2 toxin; OTA, ochratoxin A; ZEN, zearalenone; FB<sub>2</sub>, fumonisin B<sub>2</sub>.

In addition, HT-2 toxin, ZEN and OTA occurred in 25%, 10%, and 3% of all samples, respectively. No contamination with T-2 toxin was observed. This study is the first report of occurrence of HT-2 toxin and OTA in Tanzanian maize. On the other hand, the occurrence of ZEN in maize has been previously described in Tanzania and in some other African countries (Abia et al., 2013; Doko et al., 1996; Shephard et al., 2013). Three (100%) and 2 (66%) samples of contaminated samples with OTA and ZEN respectively exceeded the maximum limit set in the European regulations, while this was not the case for HT-2 toxin. The occurrence of multiple mycotoxins is an indication of the toxigenic capacities of *Fusarium* and *Aspergillus* species contaminating Tanzanian maize besides aflatoxins and fumonisins that are commonly reported to contaminate maize worldwide (Logrieco, Bottalico, Mulé, Moretti, & Perrone, 2003).

Contamination with more than one mycotoxin was observed in 87% (52/60) of the samples. Co-occurrence of the carcinogenic mycotoxins, aflatoxins and fumonisins, was observed in 45% of the samples (Fig. 2), co-occurrence of aflatoxins with OTA in 3% of the samples, and 2% of the samples were co-contaminated with aflatoxins, fumonisins and OTA. The co-occurrence of aflatoxins and fumonisins in Tanzanian maize has been described in previous studies (Kimanya et al., 2008, 2014). Simultaneous contamination with these toxins is particularly alarming since there is evidence that FB<sub>1</sub> synergistically promotes liver tumors initiated by AFB<sub>1</sub>

#### Table 4

Limits of detection (LOD) and limits of quantification (LOQ) of the analytical method, and maximum contamination levels allowed in unprocessed maize according to Tanzania Bureau of Standards (aflatoxins); European regulations EC/165/2013 (HT-2 and T-2 toxins) and EC/1881/2006 (other mycotoxins), all expressed in  $\mu g \ kg^{-1}$ .

	Maximum permitted levels	LOD	LOQ
DON	1,750	38	75
AFG <sub>2</sub>	_	0.6	1.2
AFG <sub>1</sub>	_	0.4	0.7
AFB <sub>2</sub>	_	0.6	1.3
AFB <sub>1</sub>	5	0.8	1.6
AF <sub>total</sub>	10	-	_
FB <sub>1</sub>	_	4	8
FB <sub>2</sub>	_	86	172
FB <sub>total</sub>	4,000	-	_
HT-2	_	0.6	1
T-2	_	2	4
HT-2 + T-2	200	-	_
OTA	5	6	12
ZEN	350	30	60

Notes: DON, deoxynivalenol; AFG<sub>2</sub>, aflatoxin G<sub>2</sub>; AFG<sub>1</sub>, aflatoxin G<sub>1</sub>; AFB<sub>1</sub>, aflatoxin B<sub>1</sub>; AFB<sub>2</sub>, aflatoxin B<sub>2</sub>; AF<sub>total</sub>, sum of AFG<sub>2</sub> + AFG<sub>1</sub> + AFB<sub>2</sub> + AFB<sub>1</sub>; HT-2, FB<sub>1</sub>, fumonisin B<sub>1</sub>; FB<sub>2</sub>, fumonisin B<sub>2</sub>; FB<sub>total</sub>, sum of FB<sub>1</sub> + FB<sub>2</sub>; HT-2 toxin; T-2, T-2 toxin; OTA, ochratoxin A; ZEN, zearalenone.

(Gelderblom et al., 2002) and may possibly enhance immunosuppression (Speijers & Speijers, 2004). Similarly, the presence of more than one mycotoxin within the same commodity can increase mycotoxin production as well as potentiate some synergistic interactions in causing toxicity (Grenier & Oswald, 2011).

Regarding *Fusarium* toxins, fumonisins co-occurred with DON in 30 samples (50%), DON with HT-2 toxin in 10 samples (17%), fumonisins with HT-2 toxin in 13 samples (22%), while DON and ZEN co-occurred in 2 samples (3%). This contamination pattern was in accordance with opinion of the Joint FAO/WHO Expert Committee on Food Additives which states that those Fusarium myco-toxins are the most abundant in cereals and are widely distributed (JECFA, 2001; Soriano & Dragacci, 2004).

Occurrence of the studied mycotoxins differed significantly among the three Tanzanian agro-ecological zones. The trend was particularly observed for AFB<sub>1</sub>, FB<sub>1</sub>, FB<sub>2</sub> and HT-2. In general, the agro-ecological zone of Kilosa showed significantly higher occurrence rates for AFB<sub>1</sub> than did Hanang' (P = 0.001) and Rungwe (P < 0.001). The occurrence of FB<sub>1</sub> and FB<sub>2</sub> in Kilosa was also higher than in Hanang' (P = 0.013 and P < 0.001, respectively). The occurrence of FB<sub>2</sub> in Rungwe was also significantly higher than in Hanang' (P < 0.001). In contrast, most maize kernels samples contaminated with HT-2 were from Rungwe (80%) and the occurrence rate in this district was significantly higher than in Hanang' (P = 0.001) and in Kilosa (P < 0.001). Based on the contamination levels and occurrence, aflatoxins contamination did not represent a problem in Rungwe, neither in Hanang', while fumonisins contamination was not a problem in Hanang'.

Such variations probably could be contributed to the relatively different climate characteristics. Kilosa experiences two rainy seasons, with early rains from November till January and main rains from March to June, average annual rainfall is 800 mm and temperatures range from 18 °C in the hills to 30 °C in the lowlands. Hanang' has daily average temperature of about 28.5 °C and the area experiences a bimodal rainfall season, with short rains during from September to October and the main rains from December to April. Annual rainfall varies from 700 mm to 900 mm. While Rungwe is characterized by rainfall throughout the year, ranging from an average of 900 to 2,700 mm and cool temperatures ranging from -6 to 25 °C. Fog and mist are also common in Rungwe (Timiza, 2011). These prevailing conditions may have an influence on the fungal species, as well as production, harvesting and storage period. Furthermore, agronomic and postharvest practices probably expose maize to fungal infection and subsequent mycotoxins contamination. The results encourage a study on local applied pre and postharvest practices and fungal species contaminating maize in Tanzania with a view to understand their geographical distribution and potential to produce toxins in food so as to formulate strategies that can target more than one type of mycotoxins.

#### 4. Conclusions

The present study shows the simultaneous co-occurrence of two carcinogenic mycotoxins, aflatoxins and fumonisins, together with the other *Aspergillus* toxin, OTA and *Fusarium* toxins, DON, HT-2 and ZEN in maize intended for human consumption, which is an important indication of the pattern of multiple mycotoxins contamination in Tanzania. Although HT-2, OTA and ZEN were not found in a large proportion of analyzed food samples, its persistent co-occurrence with other significant mycotoxins could raise serious public health concerns as their interactions may be synergistic or additive in causing toxicity in humans. The observed contamination levels and mycotoxin diversity in Tanzanian maize, particularly in the agro-ecological zone of Kilosa, was alarming. Therefore, further studies on fungal species contaminating maize with a view to

#### Table 5

Contamination rates, standard deviation of the proportion of positive samples ( $SD_p$ ), frequency of occurrence, means of positive samples, standard deviations (SD) and ranges of multiple mycotoxins in Tanzanian maize, according to location of sample collection (each area n = 20; overall n = 60).

Mycotoxin	Contamination rate, SD <sub>p</sub> (%)	Location	Frequency	$Mean \; (\mu g \; kg^{-1})$	SD	Range ( $\mu g \ kg^{-1}$ )
AFB <sub>1</sub>	50%, SD <sub>p</sub> 6.5%	Kilosa	18	106	286	3-1,081
	F	Hanang'	8	4	1	3-5
		Rungwe	4	5	3	2-8
		Overall	30/60	65	225	
AFB <sub>2</sub>	7%, SD <sub>p</sub> 3.2%	Kilosa	3	93	82	12-177
	F	Hanang'	0	_	_	_
		Rungwe	1	_	_	3 <sup>a</sup>
		Overall	4/60	70	81	
AFG <sub>1</sub>	5%, SD <sub>p</sub> 2.8	Kilosa	3	15	20	2.7-39
•	· • •	Hanang'	0	_	_	_
		Rungwe	0	_	_	_
		Overall	3/60	15	20	
AFG <sub>2</sub>	2%, SD <sub>p</sub> 1.7%	Kilosa	1	_	_	3 <b>a</b>
-	· • •	Hanang'	0	_	_	_
		Rungwe	0	_	_	_
		Overall	1/60	3 <sup>a</sup>	_	
FB1	73%. SD <sub>n</sub> 5.7%	Kilosa	18	1.535	2.572	44-10.569
	p to p	Hanang'	11	131	152	19-444
		Rungwe	15	2.053	4.722	16-18.184
		Overall	44/60	1,361	3.232	, .
FB <sub>2</sub>	48%. SD <sub>n</sub> 6.5%	Kilosa	13	1.971	2.142	187-5.902
2	p in the	Hanang'	2	240	88	178-302
		Rungwe	14	4.187	9.873	322-38.217
		Overall	29/60	2.921	6.997	,
DON	63%, SD <sub>2</sub> 6%	Kilosa	11	532	714	68-2.196
	, p	Hanang'	13	515	598	79-1.925
		Rungwe	14	433	567	84-1.931
		Overall	38/60	490	607	,
HT-2	25% SD <sub>2</sub> 5.6%	Kilosa	1	_	_	23 <sup>a</sup>
	p to p	Hanang'	2	18	0.2	18-19
		Rungwe	12	19	3	15-25
		Overall	15/60	20	3	
ΟΤΑ	3%, SD <sub>5</sub> 2.3%	Kilosa	1	_	_	73 <b>a</b>
	, p	Hanang'	1	_	_	16 <sup>a</sup>
		Rungwe	0	_	_	_
		Overall	2/60	45	40	
ZEN	10%, SD <sub>5</sub> 3.9%	Kilosa	1	_	_	73 <sup>a</sup>
	, oop oloro	Hanang'	0	_	_	-
		Rungwe	2	1 057	575	651-1464
		Overall	3/60	729	699	

<sup>a</sup> Unique values.



Fig. 2. UHPLC/TOFMS chromatogram for natural contamination of AFB<sub>1</sub> (1018 µg kg<sup>-1</sup>), AFB<sub>2</sub> (90 µg kg<sup>-1</sup>), FB<sub>1</sub> (1097 µg kg<sup>-1</sup>) and FB<sub>2</sub> (282 µg kg<sup>-1</sup>) in maize kernel.

understand their geographical distribution and local practices for handling maize deserve attention to formulate pre- and postharvest strategies to tackle this agro-food problem.

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